

# HARM FREE CARE PROGRAMME: FALLS WORKSTREAM: Using a Quality Management systems approach

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## BACKGROUND

- Reducing harms from falls is key priority of Trust Quality strategy.
- Nice Falls guidance highlighted gaps in our Falls proforma.

## WORKSTREAM AIM

- Aim for a Falls rate at 4.0 from baseline of 4.8 by 2024

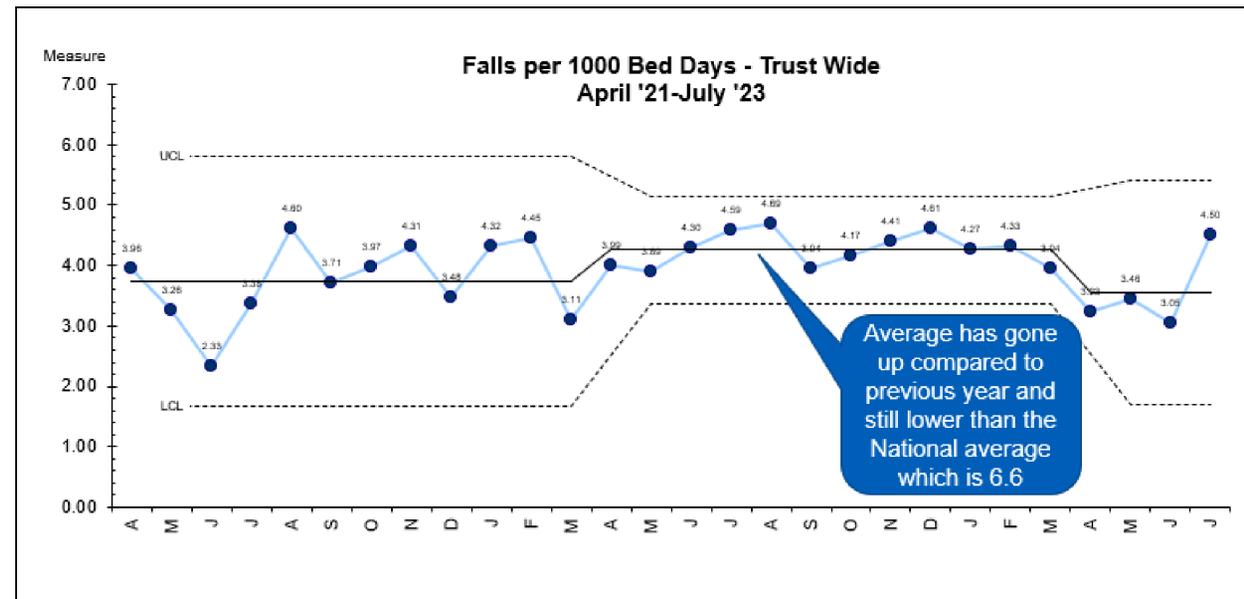
## THE APPROACH

- Model for Improvement and Lean principles combined
- Quality management system approach to support workstream



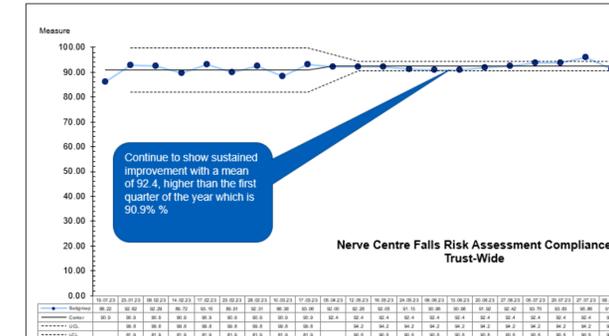
## THE IMPACT

### Falls per 1000 Bed days – trust-wide

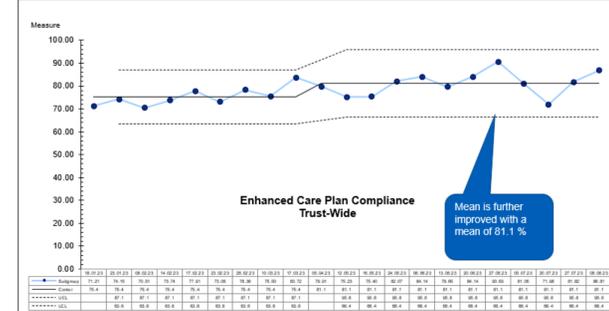


Falls are reported nationally as a rate per 1000 bed days. Nationally, average is 6.6, Trust falls rate is currently 4.3. Our aim target is 4.0

### Compliance Following Digitisation of Falls Documentation

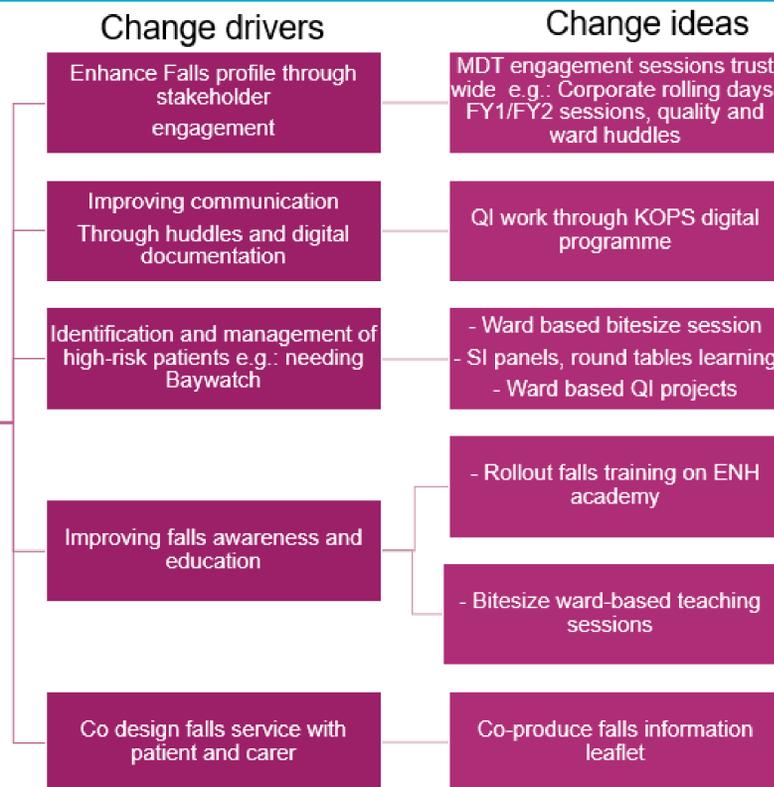


### Enhanced Care Plan Compliance Trust-wide



## DRIVER DIAGRAM

AIM  
 Falls rate @ 4.0 from baseline of 4.8 by 2024



### Falls documentation – Nerve Centre

## THE FALLS JOURNEY SO FAR

- Year 1:** Understand current structures and falls processes using data  
 - Identify areas for QI  
 8A ward QI project - redesign alcohol proforma
- Year 2:**  
 - Digitisation Falls paperwork via Digital Transformation programme  
 - Falls training launched on ENH academy  
 - QI projects on additional 3 wards with supporting adoption of digital Falls paperwork trust wide
- Year 3**  
 - ED falls QI project  
 - Digitisation begins in ED  
 - Shared learning from Falls across other safety workstreams

What's Next?

- Continue falls QI work in ED, identify other areas.
- Re-introduce Falls Prevention Group.
- Increasing Impact of Falls Champions
- Shared learning across other safety workstreams and our ICS

## QI/LEADERSHIP LEARNING

- QI gave me the knowledge and skills to deliver changes. It has made the falls service more productive and empowers us to be our best. It has taught me how a system can be made effective and efficient at the same time.