

Nutritional Screening – MUST Score



Being the Best

The UK population is getting older, with more people aged 60 or above. However, living longer does not mean living better.

To effectively optimise the last years of life, it is necessary to analyse one of the more common health problems in our elderly society, which is malnutrition.

The British Association of Parenteral and Enteral Nutrition (BAPEN) declare that the risk of malnutrition is higher in patients, admitted to hospital, who are 65 or over. If it is not detected, it can detrimentally influence morbidity and mortality.

The Trust supports preventing malnutrition, stating that all adult inpatients admitted to the hospital should have their **MUST** (Malnutrition Universal Screening Tool) score documented within 24 hours of admission with an action plan.

E-learning is available via ESR

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